#### 6th-Grade

Overarching Goals: Stay on track for promotion to 7th grade, demonstrate understanding of ACP, explore careers using Career Cruising, establish ACP portfolios, participate in extra/co-curricular activities

| Learn/Do What   | ACP<br>Component                              | ACP Skills  | When               | Learning Activities  |
|---|---|---|--------------------|--|
| Students will engage in periodic self-assessment of interests and strengths | Know<br>Self<br>Awareness<br>Activity         | Personality Assessment Identifying Strengths Identifying Needs    | Encore<br>Rotation | Celebrating Differences/Knowing oneself  • Standard: Demonstrate the ability to set personal boundaries and advocate for oneself  • Complete "color activity" to identify personality traits and factors of stress that might affect the student and learn how to work with others |
| Students will learn behavioral and employability skills                     | Know<br>Self<br>Awareness<br>Plan<br>Activity | Learning Style Assessment Identifying Strengths Identifying Needs | Encore<br>Rotation | <ul> <li>Standard: Demonstrate techniques for managing daily stress and conflict</li> <li>Standard: Apply effective conflict resolution skills to a current issue or problem</li> </ul>  |

| Students will learn how to login, create profiles, and complete career interest inventories | Know Self Awareness Academic and Career Planning | Career Interest<br>Inventories   | Encore<br>Rotation | Introduction to Career Cruising  Standard: Develop an action plan using Career Cruising to plan long and short term goals  Complete career interest inventories             |
|---|--|--|--------------------|---|
| Students will explore 2 career clusters and select at least one career to explore further   | Explore Exploration Activities                   | Career Cluster Exploration  Career Pathway Exploration  Investigate Post-Secondary Options | Encore<br>Rotation | Exploration of Career Clusters and Careers  • Use information from interest inventories to explore 2 possible career clusters  • Select a career in each cluster to explore |

#### 7th-Grade

Overarching Goals: Stay on track for promotion to 8th grade, review and revise ACP skills, expand career exploration activities and opportunities, update ACP portfolios, participate in extra/co-curriculars

| Learn/Do What  | ACP<br>Component                             | ACP Skills                                    | When               | Learning Activities   |
|--|--|---|--------------------|---|
| Students will explore individual and team skills through self and group awareness activities | Know Self Awareness Plan Academic and Career | Identifying<br>Strengths<br>Identifying Needs | Encore<br>Rotation | ■ Standard: Demonstrate the ability to work in and across groups by applying teamwork skills in |

|   | Planning Activity Explore Exploration Activities    |  |                    | preparation for the world of work  • Standard: Apply effective conflict resolution skills to a current issue or problem   |
|---|---|--|--------------------|---|
| Students will learn techniques for managing stress and conflict | Know Self Awareness Plan Career Planning Activities | Identifying<br>Strengths<br>Identifying Needs                | Encore<br>Rotation | Appropriate Vulnerability/ Giving and Getting Support  • Standard: Demonstrate techniques for managing daily stress and conflict  |
| Students will develop skills to deal with peer pressure.        | Know Self Awareness Go Management Activity          | Writing Personal<br>Reflections<br>Setting Personal<br>Goals | Encore<br>Rotation | Peer pressure and AODA myths and facts  • standard: Demonstrate effective writing, speaking, listening and nonverbal communication skills  • Knowing own boundaries and goals and how to resist peer pressure |

### 8th-Grade

Overarching Goals: Stay on track for promotion to 9th grade, review and revise ACP skills, expand career exploration activities and opportunities, update ACP portfolios, participate in extra/co-curriculars

| Learn/Do What  | ACP<br>Component  | ACP Skills   | When      | Learning Activities   |
|--|---|--|-----------|---|
| Students will update their Career Cruising profiles  | Know Academic Preparation Go Management Activity Plan Career Planning Activities Explore Exploration Activities | Course Scheduling  Elective Courses  Career Cluster Exploration  Career Pathway Exploration  Investigate Post-Secondary Option | Quarterly | Careers Class (1 Quarter Long)  Take interest inventories  Explore possible career clusters  Explore possible careers  Explore possible colleges/post-secondary options  Discuss high school courses  Create 4-year plan for HS courses |
| Students will review high school options and develop short and long term goals that align with the options | Know Self Awareness Plan Academic and Career Planning Activity  | Course Scheduling  Elective Courses  Co-Curricular Involvement   |           | Visit from High School Counselors  Standard: Develop an action plan to achieve short and long term goals  Review HS Coursebook  Explore HS class options  Start to plan HS Schedule  Discuss Co-curricular options                      |
| Students will discuss further high school options and start to develop their high school schedules         | Know Plan Academic and Career Planning  | Course Scheduling  Elective Courses  | January   | Future Freshmen Night (hosted by high school)  Review HS Coursebook  Explore HS class options  Start to plan HS Schedule  |

|   | Plan<br>Career<br>Planning<br>Activities  | Co-Curricular<br>Involvement   |           | Discuss Co-curricular options   |
|---|---|--|-----------|---|
| Students will compile work to present to teachers and family                              | Plan Career Planning Activities Go Management Activity  | Investigate Post-Secondary Options  Elective Courses  Co-Curricular Involvement            | June      | Passage Portfolio  Review done throughout the school year  Present materials to teachers and family  Share plans for high school and well as college and career readiness |
| Student will complete a resume, cover letter, letter of recommendation, and job interview | Know Plan Academic and Career Planning Plan Career Planning Activities Go Management Activity | Investigate Post-Secondary Options  Career Cluster Exploration  Career Pathway Exploration | Quarterly | English Job Preparation Unit  Create resume Create and send cover letters Request letters of recommendation Have a student job interview with staff member                |

Overarching Goals: Stay on track for graduation, demonstrate personal responsibility, continue ACP portfolio updates, participate in extra/co-curriculars

| Learn/Do What   | ACP<br>Component   | When      | Learning Activities                     |
|---|--|-----------|---|
| Knows mentor and how to schedule time with them and/or reach them with questions.         | Go<br>Management<br>Activity                                   | September |   |
| Introduction to Career Cruising (CC), login, create/update profiles, start CC assessments | Go<br>Management<br>Activity                                   | September | Matchmaker                              |
| Finish CC assessments   | Know<br>Academic<br>Preparation                                | October   | My Skills and Learning Styles Inventory |
| Set academic, personal, and career goals  | Know Self Awareness Plan Academic and Career Planning Activity | October   | Career Cruising, Journal or upload      |
| Explores career clusters, career pathways, and Programs of Study                          | Plan Career Planning Activities Explore Exploration Activities | October   | Career Clusters, journal about careers  |
| Explores Programs of Study, career pathways, and career clusters                          | Explore Exploration Activities                                 | November  | Career Selector                         |

| Explore schools,majors,<br>apprenticeships, military based on<br>saved careers | Explore<br>Career<br>exploration<br>activities                 | December | Save at least 2 majors and 2 schools |
|--|--|----------|--------------------------------------|
| Aligns course planning to postsecondary goals                                  | Plan Academic Planning Activities                              | January  | My Course Plan                       |
| Course Selection   | Know<br>Academic<br>Planning activity                          | February |                                      |
| Set academic, personal, and career goals                                       | Know Self Awareness Plan Academic and Career Planning Activity | February | Career Cruising, Journal or upload   |
| Create/update resume   | Plan Career Planning Activities                                | March    | Career Cruising                      |
| Update Matchmaker/My<br>Skills/Activities                                      | Explore<br>Exploration<br>Activities                           | April    | Career Cruising                      |
| Complete all CC activities and print completion report                         | Go<br>Management<br>Activities                                 | May      | Career Cruising                      |

# Overarching Goals: Stay on track for graduation, demonstrate personal responsibility, continue ACP portfolio updates, participate in extra/co-curriculars

| Learn/Do What  | ACP<br>Component   | When      | Learning Activities  |
|--|--|-----------|--|
| Reintroduction to Career Cruising (CC), login, update profiles, CC assessments | <b>Go</b><br>Management<br>Activity                            | September | Matchmaker, My Skills  |
| Career Journal and research occupations  | Know<br>Academic<br>Preparation                                | October   | Journal about changes in careers from 9th to 10th, Suitable for You, explore salary ranges |
| Review, reflect, and revise personal, academic and career goals                | Know Self Awareness Plan Academic and Career Planning Activity | October   | Journal reflections about goals and update goals   |
| Research schools based on criteria and explore results                         | Explore<br>Exploration<br>Activities                           | November  | School Selector  |
| Review educational requirements for career matches                             | Explore<br>Career<br>Exploration<br>Activity                   | December  | Save at least 2 majors and 2 schools, journal about changes from 9th grade                 |
| Aligns course planning to postsecondary goals                                  | Plan   | January   | My Course Plan   |

|   | Academic<br>Planning<br>Activities                             |          |   |
|---|--|----------|---|
| Course Selection  | Know<br>Academic<br>Planning activity                          | February |   |
| Review, reflect and review academic, personal, and career goals                 | Know Self Awareness Plan Academic and Career Planning Activity | February | Career Cruising, Journal or upload                        |
| Update resume (extracurriculars, volunteer/work experience), start cover letter | Plan<br>Career Planning<br>Activities                          | March    | Add at least one skill, one hobby and one extracurricular |
| Practice completing job applications, searching for employment                  | Explore Career Exploration activity                            | April    | Inspire   |
| Complete all CC activities and print completion report                          | Go<br>Management<br>Activities                                 | May      | Career Cruising   |
| Develop interviewing skills   | Plan<br>Mock<br>Interviews<br>Planning<br>Activities           | May      |   |

# Overarching Goals: Stay on track for graduation, demonstrate personal responsibility, continue ACP portfolio updates, and participate in extra/co-curriculars

| Learn/Do What  | ACP<br>Component   | When      | Learning Activities                              |
|--|--|-----------|--|
| Take Ability Profiler Assessment   | Know Identifying strengths Individual Exploration Activities   | September | Ability Profiler                                 |
| Review, reflect, and revise personal, academic and career goals. Include the top three skills from My Skills assessment to improve and ideas of how to do this | Know Self Awareness Plan Academic and Career Planning Activity | October   | Journal reflections about goals and update goals |
| Complete the Financial Aid<br>Selector and Explore Results   | Plan FAFSA form Planning Activities                            | November  |  |
| Complete Personal College<br>Profile   | Plan<br>Investigate<br>Post-Secondary<br>Options               | December  |  |

|   | Planning<br>Activity   |          |   |
|---|--|----------|---|
| Aligns course planning to postsecondary goals                   | Plan Academic Planning Activities                                  | January  | My Course Plan  |
| Review, reflect and review academic, personal, and career goals | Know Self Awareness Plan Academic and Career Planning Activity     | February | Career Cruising, Journal or upload  |
| Course Selection  | Know<br>Academic<br>Planning<br>Activity                           | February |   |
| Update resume and cover letter                                  | Plan<br>Resume Builder<br>Planning<br>Activity                     | March    | Add hobbies, interests, volunteer work, awards and certificates and extracurricular |
| Start writing college essays using saved portfolio information  | Plan Applications to post-secondary institutions Planning Activity | April    |   |

| Use Job search to find postings of interest            | Explore Career Research Career Exploration Activities | May |                 |
|--|---|-----|-----------------|
| Complete all CC activities and print completion report | Go<br>Management<br>Activities                        | May | Career Cruising |

Overarching Goals: Stay on track for graduation, demonstrate personal responsibility, continue ACP portfolio updates, and participate in extra/co-curriculars

| Learn/Do What  | ACP<br>Component  | When      | Learning Activities |
|--|---|-----------|---------------------|
| Review Post-Secondary Plan<br>and Personal College Profile,<br>review school selector results<br>and list of saved schools,<br>update rankings | Plan Choosing a post-secondary option Planning Activity       | September |                     |
| Set up College Application<br>Tracker  | Plan Applications to post-secondary options Planning Activity | October   |                     |

| Review Financial Aid Selector results and list of saved scholarships, editing as needed | Plan Financial Plan Scholarship Information Planning Activities                | November |   |
|---|--|----------|---|
| Set up Scholarship and Financial<br>Aid Trackers  | Plan<br>Scholarship<br>Information<br>Financial Plan<br>Planning<br>Activities | December |   |
| Mentor 9-11 advisories about course planning  | Plan Leadership Opportunities Planning Activity                                | January  |   |
| Review Career selector results and retake if needed                                     | <b>Go</b><br>Modify career<br>goals  | February |   |
| Review and reflect on academic, personal, and career goals                              | Go Modify personal goals Modify career goals Management Activities             | February |   |
| Update resume and cover letter  | <b>Plan</b><br>Resume Builder  | March    | Add hobbies, interests, volunteer work, awards and certificates and |

|   | Planning<br>Activities         |       | extracurricular |
|---|--------------------------------|-------|-----------------|
| Review interview skills and work search in the employment guide     | Plan Planning Activities       | April |                 |
| Complete all Career Cruising activities and print completion report | Go<br>Management<br>Activities | May   |                 |