SEPTEMBER 2019
MONONA GROVE ELEMENTARY SCHOOL LUNCH MENU

Components: Fruit, Vegetable, Protein, Grain, Milk *Build a Complete Meal by Selecting at Least 3* One must be a ½ cup of Fruit, Vegetable or Fruit/Vegetable Combination*

Monday	Tuesday	Wednesday	Thursday	Friday
 NO SCHOOL	3 (E)Mini Corn Dogs Or Cheeseburger Meatloaf w/Dinner Roll Mashed Potatoes Garden Bar Chilled Applesauce	4 (E,V)Mac & Cheese/Breadstick Or (N,V)PBJ Jamwich/String Cheese Country Blend Vegetables Garden Bar Mixed Fruit Slushie Sidekicks	5 Chicken Nuggets Or Deli Wrap Steamed Brown Rice Garden Bar Watermelon Wedge 100% Juice	6 (V)Cheese French Bread w/Marinara Dipping Sauce Or Grilled Chicken Sandwich Garden Bar Chilled Peaches
9 Chicken Tenders Or (N,V)PBJ Jamwich/String Cheese Sun Chips Baked Beans Garden Bar Pineapple Tidbits	10 Hamburger/Bun Or (P)Pizzabobbzz Potato Smiles Garden Bar Mandarin Oranges Mini Krispie Treat	11 (E,V)Rotini w/Meatballs in Sauce & Shredded Cheese Or (N,V)PBJ Jamwich/String Cheese Garden Bar Diced Peaches Slushie Sidekicks	12 BRUNCH FOR LUNCH (E,V)Pancakes w/(P)Sausage Or Ham on Wheat Hash Brown Rounds Garden Bar Warm Cinnamon Apples 100% Juice	13 (V)Wild Mike's Cheese Pizza Or (P)Rib Sandwich Green Beans Garden Bar Mixed Fruit Banana
16 Teriyaki Chicken Or (N,V)PBJ Jamwich/String Cheese Steamed Brown Rice California Blend Vegetables Garden Bar Slushie Sidekicks (E)Fortune Cookie	17 (E)Mini Corn Dogs Or Sloppy Joe/Bun Deli Roasted Potatoes Baked Beans Garden Bar Pineapple Tidbits	18 Chicken Patty/Bun Or (N,V)PBJ Jamwich/String Cheese Sweet Potato Fries Garden Bar Mandarin Oranges 100% Juice	19 (V)Dominos Cheese Pizza Or Sub Sandwich Corn Ninblets Garden Bar Diced Peaches	 20 Touchdown Nuggets Or Fish Sandwich Sun Chips Garden Bar (LG)Fresh Sliced Apples
23 Cheeseburger/Bun Or (N,V)PBJ Jamwich/String Cheese Crispy Crinkle Fries Garden Bar Pineapple Tidbits	24 (E,V)Mac & Cheese w/Breadstick Or Ham Sandwich Country Blend Vegetables Garden Bar Chilled Applesauce Slushie Sidekicks	25 Turkey & Gravy w/Dinner Roll Or (N,V)PBJ Jamwich/String Cheese Mashed Potatoes Garden Bar Cranberry Sauce Mixed Fruit (E)Cookie	26 (P)Nachos w/Meat & Cheese Or Deli Turkey on a Bun Refried Beans Garden Bar Diced Pears Goldfish Grahams	27 Chicken Nuggets w/ Steamed Brown Rice Or (V)Grilled Cheese Sandwich Garden Bar Grapes 100% Juice
30 NO SCHOOL GRADES K-5	MEAL PRICES Students $ 2.70 Reduced $ 0.00 Adults $ 3.75 Milk Only $ 0.40 Skim and 1% Milk served daily	P - May contain pork N - May contain peanut/nut E - May contain egg V - Vegetarian LG – Locally Grown		The Monona Grove School Lunch Program is hiring part time substitute food service workers. For more information, please contact Dee Matthys, School Nutrition Coordinator, 608-316-1911 or dolores.matthys@mgschools.net

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