



At Monona Grove High School  
Football Fields

## **Gridiron Youth Football Camp**



# **2012 Gridiron Youth Football Camp**

## **Camp Director**

Mike Stassi

*(MG Head Football Coach)*

## **Instructional Staff**

The Camp will consist of the  
MG Football Staff and  
current MG football players.



**June 25th & 26th**

**Location:**

**Monona Grove**

**High School Football Fields**

**Session 1 - 1:00 to 3:00**

**For Grades 2-4**

**Session 2 - 3:30 to 5:30**

**For Grades 5-8**

**\*Grade based upon: 2012-'13  
school year**

## Locations and Facilities

- The camp will be held on the practice fields @ Monona Grove High School

### Date and Time

- June 25th & 26th  
Monday & Tuesday  
1-3:00pm Grades 2-4  
3:30-5:30pm Grades 5-8

### Camp Fee - \$40.00

- Every camp participant will receive a Gridiron Football Camp t-shirt!!!
- Return your registration and payment to CG Village Hall or Monona City Building. **Make checks payable to: “Village of Cottage Grove” or “City of Monona”**

### What To Bring

- Camp participants should bring cleats, tennis shoes, athletic shorts and a t-shirt. Mouth guards will not be provided. You need not bring a football or scrimmage vest as they will be provided.

### Registration Deadline

- Please return camp registration before Friday, June 18th.

## **Camp Focuses:**

- Fundamental skills for every football position
- Proper techniques for every football position.
- Fundamentals of punting, kicking and snapping
- Proper stretching techniques
- Correct running form
- How to improve agility and quickness
- On rain days, we will be in the weight room teaching proper techniques.

### **Parent Reminders**

If your child has any medical concerns, please contact the football office @ (608) 221-7666 ext. 2263  
Please be prompt in picking up your child from camp at the end of their session.

Thank You,  
MG Football Coaching Staff

## **Gridiron Youth Football Camp June 25th & 26th Registration Form due by June 18th**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Alt. (Cell) \_\_\_\_\_

Father's Work \_\_\_\_\_

Mother's Work \_\_\_\_\_

1st Email: \_\_\_\_\_

2nd Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_

Year In School Next Fall \_\_\_\_\_

T-Shirt Size (Circle One)

YM YL S M L XL

Parents Signature \_\_\_\_\_

***Cost = \$40***

***Make all checks payable to:***

**“Village of Cottage Grove” of “City of Monona”**

Return the form to CG Village Hall or  
Monona City Building