






OCTOBER 2017 GLACIAL DRUMLIN LUNCH

Components: Fruit, Veggies, Protein, Grain, Milk *Select at Least 3 of the 5 Components * One must be a full serving of Fruit or Veggie * Or for a Complete Meal Select All 5

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>(E)Chicken Patty/Bun Or (V)Cheese Calzone Green Beans Baked Tator Tots Mandarin Oranges Mini Krispie Treat</p>	<p>3</p> <p>(P,E)Mini Corn Dogs Or Cheeseburger Meatloaf w/Dinner Roll Mashed Potatoes Peas & Carrots Diced Pears</p>	<p>4</p> <p>(P)Taco Salad w/Chips or Soft Shell & Shredded Cheese Or Turkey Sandwich Diced Tomatoes & Shredded Lettuce Corn Niblets Refried Beans Pineapple Tidbits</p>	<p>5</p> <p>(P,V)Wild Mike's Pizza Or Grilled Chicken Sandwich Romaine Garden Salad Baby Carrots Cherry Tomatoes Chilled Applesauce Slushie Sidekicks</p>	<p>6</p> <p>NATIONAL SMILE DAY  (E)Chicken Giggles Or (P)BBQ Pork Sandwich Potato Smiles Steamed Cauliflower Broccoli Florets Watermelon</p>
<p>9</p> <p>Cheeseburger/Bun Or (E)Hot 'n Spicy Chicken Sandwich Sliced Tomatoes Baked Sweet Potato Fries Country Blend Vegetables Pineapple Tidbits (E)Cookie</p>	<p>10</p> <p>(P)Hot Dog/WG Bun Or (P)Rib Sandwich Sun Chips (P)Baked Beans Pepper Strips Chilled Applesauce Fruit Juice Bar</p>	<p>11</p> <p>(E,V)Rotini w/Meatballs in Sauce, Shredded Cheese & Garlic Toast Or Turkey Ranch Wrap Romaine Garden Salad Grape Tomatoes Chilled Pears</p>	<p>12</p> <p>(E)Popcorn Chicken w/Breadstick Or (P)Sub Sandwich Corn Niblets Baby Carrots Mixed Fruit (LG)Fresh Sliced Apples</p>	<p>13</p> <p>(P,V) Dominos Pizza Or (P)Ham on Wheat Cauliflorets Broccoli Cuts Diced Peaches</p>
<p>NATIONAL SCHOOL LUNCH WEEK is October 10 – October 14. You're welcome to join your student for lunch anytime in the school year. Please contact the school office to order a school meal.</p>				
<p>16</p> <p>(E)Chicken Tenders/Dinner Roll Or Sloppy Joe/Bun Crispy Baked Fries Green Beans Diced Pears</p>	<p>17</p> <p>Teriyaki Or (E)Orange Chicken Steamed Brown Rice California Blend Vegetables Carrots Coins Fresh Pear Sidekicks (E)Fortune Cookie</p>	<p>18</p> <p>No School Grades 5-8</p>	<p>19</p> <p>BRUNCH FOR LUNCH (E,V)French Toast Sticks w/(P)Sausage Or (P)Ham & Cheese Sub Hash Brown Celery Sticks 100% Juice</p>	<p>20</p> <p>(V)Cheese French Bread w/Marinara Dipping Sauce Or (E)Hot 'n Spicy Chicken Sandwich Garden Salad Broccoli Cuts Baby Carrots Chilled Applesauce</p>
<p>23</p> <p>(E)Chicken Nuggets w/ Steamed Brown Rice Or (E,V)Cheese Lasagna Roll Up w/Garlic Toast Green Beans Steamed Carrots Chilled Peaches</p>	<p>24</p> <p>(E,V)Macaroni & Cheese/Breadstick Or (P)Rib Sandwich Country Blend Vegetables Broccoli Cuts Slushie Sidekicks</p>	<p>25</p> <p>Turkey & Gravy/Dinner Roll Or (P)Sub Sandwich Mashed Potatoes Peas & Carrots Cranberry Sauce Mixed Fruit (E)Cookie</p>	<p>26</p> <p>(V)Mozzarella Stix w/Sauce Or Turkey & Cheese on a Bun Romaine Garden Salad Baby Carrots Cucumber Slices (LG)Fresh Sliced Apples</p>	<p>27</p> <p>No School Grades 5-8</p>
<p>30</p> <p>Hamburger/Bun Or (P)Pizzabobbbz Sliced Tomatoes Crispy Baked Fries Broccoli Cuts Diced Pears Mini Krispie Treat</p>	<p>31</p> <p> (E)Spook-tacular Nuggets Or Fish w/Cheese/Bun (P)Baked Beans Baby Carrots Chilled Applesauce (E)Cookie</p>	<p></p>	<p>MEAL PRICES</p> <p>Grade 5 \$2.70 Grades 6-8 \$2.85 Reduced \$0.40 Adults \$3.75 Milk Only \$0.40</p> <p>Skim and 1% Milk served daily Fresh Fruit served most days of the week</p>	<p>P - May contain pork N - May contain peanut/nut E - May contain egg V - Vegetarian LG – Locally Grown</p> <p>(N,V)PBJ Combo or (E)Chef or (E)Garden Salad offered Daily as an Entrée Choice</p>

The Monona Grove School Lunch Program is hiring part time substitute food service workers. For more information, please contact Dee Matthys, School Nutrition Coordinator, 608-316-1911 or dolores.matthys@mgschools.net

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