



GLACIAL DRUMLIN LUNCH

Components: Fruit, Veggies, Protein, Grain, Milk *Select at Least 3 of the 5 Components * One must be a full serving of Fruit or Veggie * Or for a Complete Meal Select All 5

Monday	Tuesday	Wednesday	Thursday	Friday
				1 (P,V)Pizza Or (P)Italian Sub Sandwich Romaine Garden Salad Baby Carrots Cherry Tomatoes Chilled Fruit
4 Chicken Nuggets w/Garlic Toast Or (V)Cheese Calzone Assorted Vegetables Assorted Fruit	5 (V)Mozzarella Stix w/Dipping Sauce Or (P)Rib Sandwich Assorted Vegetables Slushie Sidekicks Assorted Fruit	6 (P)Hot Dog/WG Bun Or Turkey & Cheese Sub Chips Fresh Veggies Melon (E)Sweet Treat	7 LAST DAY OF SCHOOL EARLY DISMISSAL GRADES 5-8	
		P - May contain pork N - May contain peanut/nut E - May contain egg V - Vegetarian LG - Locally Grown Skim and 1% Milk served daily Fresh Fruit served most days of the week	<u>MEAL PRICES</u> Grade 5 \$2.70 Grades 6-8 \$2.85 Reduced \$.40 Adults \$3.75 Milk Only \$.40 (N,V)PBJ Combo or (E)Chef or (E)Garden Salad is offered Daily as an Entrée Choice	

This Institution is an Equal Opportunity Provider / Menus are subject to Change due to product availability