



# 2018 GLACIAL DRUMLIN LUNCH

Components: Fruit, Veggies, Protein, Grain, Milk \*Select at Least 3 of the 5 Components \* One must be a full serving of Fruit or Veggie \* Or for a Complete Meal Select All 5

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>NO SCHOOL GRADES 5 - 8</b></p>	<p>2</p> <p>(E)Chicken Tenders/Dinner Roll Or (P)Rib Sandwich Crispy Baked Fries Green Beans Diced Pears</p>	<p>3</p> <p>(P,E)Mini Corn Dogs Or Fish w/Cheese/Bun (P)Baked Beans Corn Niblets Pineapple Tidbits</p>	<p>4</p> <p><b>BRUNCH FOR LUNCH</b> (E,V)French Toast Sticks w/(P)Sausage Or (P)Ham &amp; Cheese Sub Hash Brown Celery Sticks 100% Juice</p>	<p>5</p> <p>(V)Cheese French Bread w/Marinara Or (E)Hot 'n Spicy Chicken Sandwich Garden Salad Broccoli Florets Baby Carrots <b>(LG)Fresh Apple Wedges</b></p>
<p>8</p> <p>(E)Chicken Nuggets w/Garlic Toast Or (E,V)Cheese Lasagna Roll Up w/Garlic Toast Green Beans Steamed Carrots Chilled Peaches</p>	<p>9</p> <p>(E,V)Macaroni &amp; Cheese/Breadstick Or (P)BBQ Pork Sandwich Country Blend Vegetables Broccoli Cuts Slushie Sidekicks</p>	<p>10</p> <p>Turkey &amp; Gravy/Dinner Roll Or (P)Sub Sandwich Mashed Potatoes Peas &amp; Carrots Cranberry Sauce Mixed Fruit (E)Cookie</p>	<p>11</p> <p>(P)Nachos w/Meat &amp; Cheese &amp; Spanish Rice Or Grilled Chicken Sandwich Refried Beans Corn Niblets Mandarin Oranges</p>	<p>12</p> <p>(P,V)Dominos Pizza Or Turkey &amp; Cheese on a Bun Romaine Garden Salad Cucumber Slices Baby Carrots Banana</p>
<p>15</p> <p><b>NO SCHOOL GRADES 5 - 8</b></p>	<p>16</p> <p>Hamburger/Bun Or (P)Pizzabobbzz Sliced Tomatoes Potato Smiles Broccoli Cuts Diced Pears</p>	<p>17</p> <p>Teriyaki Or (E)Orange Chicken Steamed Brown Rice California Blend Vegetables Steamed Peas Pineapple Tidbits Slushie Sidekicks (E)Fortune Cookie</p>	<p>18</p> <p>(P,V)Personal Round Pizza Or (P)Italian Sub Garden Salad Cauliflorets Cherry Tomatoes <b>(LG)Fresh Apple Wedges</b></p>	<p>19</p> <p><b>NO SCHOOL GRADES 5 - 8</b></p>
<p>22</p> <p>(E)Chicken Patty/Bun Or (V)Grilled Cheese Sandwich Green Beans Oven Roasted Potatoes Mandarin Oranges Mini Krispie Treat</p>	<p>23</p> <p>(P,E)Mini Corn Dogs Or Cheeseburger Meatloaf w/Dinner Roll Roasted Butternut Squash Mashed Potatoes Peas &amp; Carrots Fresh Pear</p>	<p>24</p> <p>(P)Taco Salad w/Chips or Soft Shell &amp; Shredded Cheese Or Turkey Sandwich Diced Tomatoes &amp; Shredded Lettuce Corn Niblets Refried Beans Pineapple Tidbits</p>	<p>25</p> <p>(E)Chicken Nuggets w/ Steamed Brown Rice Or (P)BBQ Pork Sandwich Steamed Cauliflower Broccoli Florets Strawberries</p>	<p>26</p> <p>(P,V)Wild Mike's Pizza Or Grilled Chicken Sandwich Romaine Garden Salad Baby Carrots Cherry Tomatoes Chilled Applesauce Slushie Sidekicks</p>
<p>29</p> <p>Cheeseburger/Bun Or (E)Hot 'n Spicy Chicken Sandwich Sliced Tomatoes Baked Sweet Potato Fries Country Blend Vegetables Pineapple Tidbits</p>	<p>30</p> <p>(P)Hot Dog/Bun Or (P)Rib Sandwich Sun Chips (P)Baked Beans Pepper Strips Chilled Applesauce Fruit Juice Bar</p>	<p>31</p> <p>(E,V)Rotini w/Meatballs in Sauce, Shredded Cheese &amp; Garlic Toast Or Turkey Ranch Wrap Romaine Garden Salad Grape Tomatoes Chilled Pears</p>	<p><b>MEAL PRICES</b></p> <p>Grade 5 \$2.70 Grades 6-8 \$2.85 Reduced \$0.40 Adults \$3.75 Milk Only \$0.40</p> <p>Skim and 1% Milk served daily Fresh Fruit served most days of the week</p>	<p>P - May contain pork N - May contain peanut/nut E - May contain egg V - Vegetarian LG - Locally Grown</p> <p>(N,V)PBJ Combo or (E)Chef or (E)Garden Salad offered Daily as an Entrée Choice</p>

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